

# Georgia Faith Community Nurses Association CHATTER

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**WELCOME** to the inaugural issue of the Georgia Faith Community Nursing Association's Newsletter. This newsletter will be a place to share ideas, happenings among the members and their places of practice, educational opportunities and faith. It will be published quarterly to start (March, June, Sept., Dec.) and will need *your input*, so please let us know what you are doing, what you are going to do, and what you have done. Send pictures, stories, knowledge of upcoming CNEs or conferences. If you are looking for help, please send questions that we will post as well. *This is YOUR newsletter, so please help us make it*

L to R: Michael Covington, Rebecca Poole, Karen Manglass, Lori Floyd, Cindy Newman, Vicki Parker, Peggy Hudock, Cherie Fletcher, Audrey Boyce-Brown



Your GFCNA 2018 Board consists of nurses just like you, finding their way focusing on the health and healing needs of their faith community, their city, their town, their place of work. They are helping people by listening, by encouraging, by educating, by just "being present". We are all learning from each other. We will :

- help you get to know your board members: who they are and how to connect with them.
- provide knowledge of upcoming continuous education opportunities for nurses on many topics.

**Vicki Parker**, in the front... the lady with the beautiful white hair, is the President of GFCNA. Vicki is the RN at Stone Mountain Park, providing health services to all employees of the park. She is warm, compassionate and has been a member of GFCNA for 7 years.

Vicki has been married to Lloyd Parker 43 years, has 4 children, 7 grandchildren and 3 great grandchildren. There is a wonderful article written by Vicki in Winter 2018 PERSPECTIVES, newsletter from the Westberg Institute.

**Peg Hudock**, VP of GFCNA, is standing in the back on the right with black sweater and white shirt. Peg has been a nurse 51 years, now working part time at a Federally Qualified Health Clinic doing the metrics, quality improvement and special projects. She has been married 48 years, has 4 children and 8 grandchildren. In 2015, she completed the Gwinnett Medical Center Foundations of Faith Community Nursing course and her doctorate in nursing. Her dissertation was on Patient Engagement and as part of her project, started a Health Ministry at her church, Our Lady Star of the Sea in St. Marys, GA.

## INTERVARSITY:

<https://ncf-jcn.org/nurses/faith-community-nursing>

**Nurses Christian Fellowship** equips and supports FCNs in their calling to love God and serve others through their work in parishes and faith communities.

## SAVE THE DATES!

**June 8<sup>th</sup> – 9a-3p**  
**Spiritual Retreat – Stone Mtn. Park- "Transformed by Grace & Love"**  
(lunch and snacks included)  
**\$25.00 Member GFCNA**  
**\$30.00 Non-Member**

**Oct. 12<sup>th</sup> - Annual Membership Meeting**  
(More to Come)

## Health Observances

Wondering what to focus on? Did you know the calendar is full of special months, weeks, and days that raise awareness for a variety of important health issues and conditions? There are at least 24 different awareness campaigns for cancer alone. Awareness months, weeks, and days are important because they allow people with certain health conditions, along with their loved ones, advocacy organizations, and support groups, to rally around a common cause: health. Educational, fundraising, and support events are often held during these times. See [www.Healthfinder.gov](http://www.Healthfinder.gov) Select the option for health observances (continued next page)

For example, some of the observances for April are:

[Alcohol Awareness Month](#)

[Irritable Bowel Syndrome Awareness Month](#)

[National Autism Awareness Month](#)

[National Distracted Driving Awareness Month](#)

[National Donate Life Month](#)

[National Minority Health Month](#)

[Occupational Therapy Month](#)

[Oral Cancer Awareness Month](#)

[Sexual Assault Awareness and Prevention Month](#)

[Sexual Assault Awareness Month of Action](#)

[Sports Eye Safety Awareness Month](#)

[STI Awareness Month](#)

[Testicular Cancer Awareness Month](#)

Start early because there are free toolkits available online to help you in plan and promote your monthly ministry events.

Pinterest is another great online source for promotional and decorating ideas.

Be sure to take photos of your events and share them with us!

**\*\* Please give us your feedback, your pictures, and your stories. Send to [mlhudock@gmail.com](mailto:mlhudock@gmail.com). In the subject line please put GFCNA Newsletter.**

## Did You Know?

**Faith Community Nursing (FCN)** is recognized as a specialty nursing practice. *Faith Community Nursing: Scope and Standards of Practice* was approved by the American Nurses Association in 2005 (and updated in 2012) and define the specialty as "...the specialized practice of professional nursing that focuses on the intentional care of the spirit as part of the process of promoting holistic health and preventing or minimizing illness in a faith community." (American Nurses Association, 2012, *Faith Community Nursing: Scope and Standards of Practice*, Silver Springs, MD: Author, p1). The 16 standards of Faith Community Nursing Practice reflect the specialty's professional values and priorities and provide practice directions and the framework for practice evaluation. Each standard is measurable by a set of specific competencies that serve as evidence of minimal compliance with that standard.

<http://www.nursesbooks.org/Main-Menu/eBooks/eStandards/eBook-Faith-Community->

**E-Article :** "Faith Community Nursing: Healing Across the Country"

<https://nurse.org/articles/faith-community-nursing/>

### Dear God,

Send your Holy Spirit into my heart today and hear my prayer for health and healing.

~Use my hands as if they were yours to touch and help heal others.

~Use my ears as if they were yours to listen to those in pain, loss, or, indecision.

~Use my heart as if it was yours to love and accept those that are different from us, lonely, and afraid.

~Use my arms as if they were yours to embrace those who need reassurance and security.

~Use my soft voice as if it was yours to pray and provide comfort.

~Use my gentle spirit as if it was yours to bring your Holy presence into those who need you close.

~Give me your strength and ability to work through you and give of myself for others in need. Amen

*(from Prayers for the Soul by Holly A Barros, RN, BSN, CPNAs posted at <http://healthcare.stcdio.org/2013/06/page/2/>)*

## Continuous Learning /CNEs/CEUs/Resources

The **CDC** has wonderful free courses as well as Grand Rounds monthly. For the courses: <https://www.cdc.gov/cccredit/types-of-ce.html>

For **Grand Rounds** see: <https://www.cdc.gov/grand-rounds/>

## **Dialogue For Action on Cancer Screening and Prevention**

<https://preventcancer.org/learn/preventable-cancers/colorectal/>

**Resource: The Dos and Don'ts of Colorectal Cancer Screening**— <http://ncrt.org/resource/dos-donts-colorectal-cancer-screening/>

## **Clinical Workforce Development– Transforming Teams– Training the Next Generation**

<https://www.weitzmaninstitute.org/nca>

## **End of Life - "What Matters Most to You?"**

RT @convoproject: Health professionals: do you ask your patients about what matters most to them? <https://t.co/CLNFQ6JLuX> via... <https://t.co/UHUSL0X0EO>

## **Faith and Health Connection—The Faith and Health Link Workshop—Oct/Nov (\$19.99)**

<https://www.faithandhealthconnection.org/landing/the-faith-and-health-link-workshop/>

## **Catholic Health Association of the USA-** <https://www.chausa.org/nursing/nursing-overview/faith-community-nursing/>

Many free resources

**PLEASE SHARE** what you use or find that may be of interest.